

Your... Community Culture & Recreation Guide



Where everyone is welcome



Fall 2011 & Winter 2012

Registration for Fall & Winter Recreation Programs
August 22, 2011 - City Tax Payer
August 25, 2011 - Non City Tax Payer

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 FALL 2011 & WINTER 2012 – COMMUNITY LEISURE MAGAZINE

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Administration

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HOURS:
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 SUNDAY 9am-5pm

skating skating

Your...Skating Ready! Set! Skate!



Whatever your age, it's never too late to learn how to skate. We offer skating lessons for everyone, from pre-schoolers to adults, as well as a variety of other skating programs guaranteed to make you want to lace up and skate!

SKATING LESSONS:

Pre-school skating lessons are offered during the day, Tuesday evenings and Saturday mornings. Discover Skate is for youth ages 6-12 years who want to learn to skate through our four level programs. Adults can participate in learn to skate lessons on Wednesdays at lunch time each week.

POWER SKATING:

This program for youth ages 6 and up is for skaters to become more proficient for their game of hockey.

SHINNY HOCKEY:

Come out for some fun physical activity and play this pick-up hockey on Wednesday afternoons. Helmets are mandatory.

NEW ICE SURFACES:

Opening later this fall are your two new NHL sized ice pads with all of the amenities including warm viewing areas. Enjoy the convenience of having four ice surfaces in the same facility for all your skating needs.

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- Contemporary
- Acro Dance
- Zumba
- Musical Theatre
- Competition

Frequent Steps Boutique

New Hours: Mon.-Thurs. 12pm - 8pm,
Sat. 9am - 1pm, Friday - Closed

Ask About Our

- Registration for Fall Programs begins Monday August 22nd Boutique Hours.
- Enjoy Various Styles & Branches of Dance
- Make New Friends & Connections Thru Dance
- Do a Performance in Front of Family & Friends
- Competitive Performance Dancetroup
- Instructors Certification B.A.T.D./R.A.D
- Kinderdance
- Birthday Parties
- Payment Plans
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For more information on our upcoming Dance Season call

613-969-1179

irelandacademy@bellnet.ca
444 Dundas St. West, Belleville
www.lianeirelandsdance.com

Adult Skating Programs 2011-12

Program	Specifics
<p>Adult Skating Lessons: Come out and learn how to skate or refresh your skating skills under the guidance of our skating instructors. HELMETS ARE MANDATORY FOR EVERYONE ON THE ICE DURING THIS PROGRAM.</p>	<p>Day: Wednesday Time: 12:00–12:45pm Dates: Sept 14 – Nov 30 (12-week session) Jan 04 – Feb 22 (8-week session) Location: Belleville Yardmen Arena Cost: Fall: \$108.00 Winter: \$72.00 (+HST) ** Pre-Registration Required</p>
<p>Family/ Parent & Tot Skate: Recreational skating for parents and children. Skaters share the ice with our pre-school lessons program so it is important to remain within the designated areas. Family skaters must adhere to Public Skating Rules. Cost reflects a group of a maximum of 5 and times are subject to change. HELMETS ARE MANDATORY FOR EVERYONE ON THE ICE DURING THIS PROGRAM.</p>	<p>Day: Tuesday & Wednesday Time: Tues: 8:45-10:00am Wed: 10:30-11:45am Dates: Sept 13 – Nov 30 (12-week session) Jan 03 – Feb 15 (8-week session) Location: Belleville Yardmen Arena Cost: Fall: \$60.00 Winter: \$40.00 (+HST) ** Pre-Registration Required</p>
<p>Shinny Hockey: This is a drop in program for those who wish to participate in shinny hockey. Full hockey equipment is recommended. Helmets are mandatory. Times are subject to change</p>	<p>Day: Wednesday Time: 1:30-3:20pm Dates: Sept 21 – Dec 07 (12-week session) Jan 4 – Apr 11 (15-week session) Location: Wally Dever Cost: \$5.00/person/visit ** Pay arena attendant</p>
<p>Adult Public Skating: This is a leisure skating program for adults 18 years old and above. This is not suitable for those who wish to power or speed skate. Dates and times are subject to change. HELMETS ARE STRONGLY RECOMMENDED FOR THIS PROGRAM. ** Tickets must be purchased through City Hall (169 Front Street) or the Recreation and Community Services Office (265 Cannifton Road).</p> <p style="margin-top: 20px;">** No Skating: Oct 10, Feb. 20</p>	<p>Date: Sept 19 – Dec 22 (13 week session) Jan 02 – Apr 30 (16 week session) Times/Locations: Monday: 11:30am – 1:20pm (WD) Tuesday: 8:45-10:30am (YA) 11:30am – 1:20pm (YA) Wednesday: 11:00am – 12:00pm (WD) 11:30am – 1:20pm (WD) Thursday: 1:30 p.m. – 3:20 p.m. (WD) WD = Wally Dever Arena YA= Yardmen Arena (Ice is shared with Preschool skate and Family Skate at YA) Cost: \$2.50/person.visit</p>

• PLEASE NOTE: LOCATIONS AND TIMES ARE SUBJECT TO CHANGE.




Your...Skating

Discover Skate / Pre-School Learn to Skate

Our Discover Skate and Pre-School Learn to Skate represent two great recreational skating lesson programs for children ages three years old and up. Participants are grouped according to their skating ability. Lessons are 25 minutes long and **helmets, mittens or gloves are mandatory for all participants**. A practice area is provided for those registered in our Learn to Skate programs and their caregiver. Practice time will be available either before or after their skating lesson. If your child has never been on skates and/or needs assistance standing on skates, parents are welcome to bring their own skates and helmet to participate.

Note: Parents must also wear a helmet if they are on the ice for these programs.

•• The following are the guidelines that should be followed when registering your child in the “Learn to Skate” programs. (Please Note: Classes are organized by ages, 3-5 year olds and children ages 6 and up and levels).

<p>STAR 1: (Beginners)</p>  <ul style="list-style-type: none"> • Balance on two feet • Falling down, getting up • March on the spot • Walking and jumping • Forward glide • Stopping 	<p>STAR 3: (Must be able to perform Star 2 Skills)</p>  <ul style="list-style-type: none"> • Forward slalom • Backward glide • Jumping • Front glide on curve • Forward circle thrusts on curve • Crossover in figure eight
<p>STAR 2: (Must be able to perform Star 1 Skills)</p>  <ul style="list-style-type: none"> • Skate backwards • Forward and backwards glides • Turning • Snowplow stop • Crossovers 	<p>STAR 4: (Must be able to perform Star 3 Skills)</p>  <ul style="list-style-type: none"> • Backward jumps • Back glide on curve • Backward slalom • One foot spins • Backward circle thrusts • Backward crossovers

The City of Belleville RCCS is committed to providing QUALITY preschool programming that fosters healthy child development in a safe, caring environment.
 Learning through play promotes: • Independence • Friendships • Confidence • Co-operation
 • Creativity • Imagination • Skill development • Physical Activity











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Your...Skating

skating skating

Discover Skate / Pre-School Learn to Skate Schedule

Level	TUESDAY Yardman Arena	WEDNESDAY Yardman Arena	SATURDAY Wally Dever Arena
Star 1 (3-5 years)	8:45am - 9:10am 10:00am - 10:30am 5:30pm - 5:55pm 5:55pm - 6:20pm 6:30pm - 6:55pm 6:55pm - 7:20pm	11:00am - 11:25am	9:15am - 9:40am 9:40am - 10:05am 10:05am - 10:30am
Star 2 (3-5 years)	9:10am - 9:35am 5:30pm - 5:55pm 5:55pm - 6:20pm 6:30pm - 6:55pm 6:55pm - 7:20pm	11:30am - 11:55am	9:15am - 9:40am 9:40am - 10:05am
Star 3 & 4 (3-5 years)	9:35am - 10:00am	10:30am - 11:00am	
Star 1 (6 years & up)	5:30pm - 5:55pm 5:55pm - 6:20pm 6:30pm - 6:55pm 6:55pm - 7:20pm		9:15am - 9:40am 9:40am - 10:05am 10:05am - 10:30am
Star 2 (6 years & up)	5:30pm - 5:55pm 5:55pm - 6:20pm 6:30pm - 6:55pm 6:55pm - 7:20pm		9:15am - 9:40am 9:40am - 10:05am 10:05am - 10:30am
Star 3 (6 years & up)	5:30pm - 5:55pm 6:30pm - 6:55pm		10:05am - 10:30am
Star 3 (6 years & up)	5:55pm - 6:20pm 6:55pm - 7:20pm		10:05am - 10:30am

Discover Skate / Pre-School Learn to Skate Costs

Fall Session: 2011	Cost	Winter Session: 2012	Cost
Tues AM: Sept. 13 – Oct. 18 (6 weeks)	\$54	Tues AM: Jan 3 – Feb. 21 (8 weeks)	\$72
Tues AM: Oct 25 – Nov. 29 (6 weeks)	\$54	Wed AM: Jan 4 – Feb. 22 (8 weeks)	\$72
Wed AM: Sept 14 – Oct 19 (6 weeks)	\$54	Tues PM: Jan 03 – Feb 21 (8 weeks)	\$64
Wed AM: Oct 26 – Nov 30 (6 weeks)	\$54	Sat AM: Jan 15 – Feb 26 (7 weeks)	\$56
Tues PM: Sept 13 – Nov 29 (12 weeks)	\$96	PLEASE NOTE: LOCATION & DATES ARE SUBJECT TO CHANGE	
Sat AM: Sept 10 – Nov 26 (11 weeks) No Lessons October 8, 2011	\$96		

Your...Skating

skating skating

Power Skating

Improve your hockey game with skills that will improve your speed, balance, stopping, posture, stride and more. Full hockey gear is recommended. Sticks, helmets and neck guards are mandatory.

Participants must be able to skate.

Level	Arena	Day	Fall	Winter	Time	Cost +HST
Beginner Ages 6-8	Wally Dever	Tuesday	Sept 13 - Nov 29 (12 weeks)	Jan 3 - Feb 21 (8 weeks)	4:15 - 5:10pm or 5:15 - 6:10pm	Fall: \$144 Winter: \$96
Intermediate Ages 9-12	Wally Dever	Tuesday	Sept 13 - Nov 29 (12 weeks)	Jan 3 - Feb 21 (8 weeks)	6:15 - 7:10pm	Fall: \$162 Winter: \$108
Intermediate Ages 9-12	Wally Dever	Wednesday	Sept 15 - Dec 1 (12 weeks)	Jan 4 - Feb 22 (8 weeks)	4:15 - 5:10pm	Fall: \$162 Winter: \$108
Beginner / Intermediate Ages 7-11	Wally Dever	Friday	Sept 16 - Dec 16 (12 weeks)	Jan 6 - Feb 24 (8 weeks)	4:15 - 5:10pm	Fall: \$144 Winter: \$96
Advanced Ages 13+	Wally Dever	Thursday	Sept 16 - Dec 16 (12 weeks)	Jan 5 - Feb 23 (8 weeks)	4:15 - 5:10pm	Fall: \$180 Winter: \$120



Fall Registration begins August 1, 2011. Members will be able to register as well as pay on line this year.

Registration closes August 31, 2011.

Anyone wishing to pay in cash may attend our open registration at the Quinte Sports Centre. No personal cheques please.

Sunday August 14 - 12:00 - 3:00PM

***Saturday August 27 - 12:00 - 3:00PM**

***Sunday August 28 - 12:00 - 3:00PM**

Monday August 29 - 5:30 - 8:30PM

Tuesday August 30 - 5:30 - 8:30PM

*Equipment exchange and BMHA clothing available for sizing during these registration dates.

Applications for House League Coaches/Convenors still being accepted.

Rep Tryouts begin Aug. 20th for Tyke, Novice AE to Bantam AE and Midget A. Full Schedule available on line

Please check our website for updates at

www.bellevilleminorhockey.com



**BELLEVILLE JR. BULLS
MINOR HOCKEY ASSOCIATION
265 CANNIFTON ROAD
BELLEVILLE**

613-962-6103

352321

The City of Belleville has partnered with the Belleville Bulls to offer this Power Skating Program. Instruction is provided by qualified Belleville Bulls Skating Instructors using a program designed by the Bulls' Coaching Staff.

